DOCUMENT RESUME

ED 403 431 CE 073 295

AUTHOR	Hansen, L. Sunny
TITLE	Integrative Life Planning. Critical Tasks for Career Development and Changing Life Patterns.
REPORT NO	ISBN-0-7879-0200-4
PUB DATE	96
NOTE	358p.
AVAILABLE FROM	Jossey-Bass Publishers, 350 Sansome Street, San Francisco, CA 94104-1342.
PUB TYPE	Books (010)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	*Career Counseling; *Career Development; Coping; *Counseling Techniques; Cultural Pluralism; Family Work Relationship; Females; Global Approach; *Holistic Approach; Life Events; Males; Models; Organizational Change; Sex Differences
IDENTIFIERS	*Integrative Processes; *Life Planning; Spirituality

ABSTRACT

This book presents an integrative life planning (ILP) model for career professionals/counselors to use in helping their clients develop career and life pathways responsive to their own economic, family, spiritual, and cultural needs and also to community needs. Discussed in chapters 1-2, which introduce the ILP model as a new way of thinking about career development and trace its interdisciplinary origins, are the following topics: career and adult development; gender-role theory; theories of women's development and development of the "new male"; multicultural theories/knowledge; and spirituality. Chapters 3-8 examine the six critical tasks that constitute the ILP model's framework: finding work that needs doing in changing global contexts; weaving one's life into a meaningful whole; connecting family and work; valuing pluralism and inclusivity; exploring spirituality and life purpose; and managing personal transitions and organizational change. Chapter 9 reviews the concepts underlying ILP model and the ILP critical tasks, discusses the implications of ILP for career professionals, and examines the possibility of using the ILP model to effect social change. Concluding the book is a resource section that includes descriptions of 26 activities for use in accomplishing the critical ILP tasks. Eighteen figures/tables, 361 references, and name and subject indexes are included. (MN)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****